



Carleton House

Preparatory School

Weekly Menu - 5th October 2026

Available Daily: Chefs' Soup of the day, selection of sandwiches, jacket potatoes with a choice of fillings

Monday	Main	Veg Option	Sides	Dessert
	Sundried tomato & mozzarella vegetable pasta bake	Feta, mixed leaf & dressing	Garlic bread Homemade ratatouille	Fresh fruit bowl Homemade raspberry sponge cake Chocolate mousse
Tuesday	Main	Veg Option	Sides	Dessert
	Homemade chicken & leek pie or sausage roll	Cheese & onion roll	Mixed leaf salad Baked potato wedges Peas & sweetcorn	Fresh fruit bowl No added sugar assorted jelly Homemade yoghurt pots
Wednesday	Main	Veg Option	Sides	Dessert
	Roast chicken or honey roast gammon	Homemade cauliflower cheese	Rich roast gravy Homemade roast potatoes Carrot & swede Yorkshire pudding	Fresh fruit bowl Belgian waffles Chocolate flapjack
Thursday	Main	Veg Option	Sides	Dessert
	Battered chicken chunks with homemade katsu curry sauce	Homemade battered tofu chunks with homemade katsu curry sauce	Mixed leaf salad Salt & pepper veg Steamed rice Egg fried rice	Fresh fruit bowl No added sugar assorted jelly Homemade yoghurt pots
Friday	Main	Veg Option	Sides	Dessert
	Baked MCS cod fish fingers	Protein packed Quorn nuggets	Fries, baked beans, fruity curry sauce and peas	Fresh fruit bowl Homemade choc chip cookie